

WEEKLY PARISH NEWS



Holy Trinity Parish News for Week of January 7th, 2024
Check out the website at <http://anglicanparishofhammondriver.ca/>

Please forward Facebook events to your contacts <https://www.facebook.com/holytrinityhammondriver>
Other parish contact information is located at the end of this newsletter. If you do not wish to receive these emails please reply to sender.

Readings for The Baptism of the Lord January 7th, 2024 GENESIS 1:1-5; PSALM 29; ACTS 19:1-7; MARK 1:4-11

Readings for 2nd Sunday after Epiphany January 14th, 2024 1 SAMUEL 3:1-10 (11-20); PSALM 139:1-5, 12-17; 1 CORINTHIANS 6:12-20; JOHN 1:43-51 <https://lectionary.anglican.ca>

Pray for local businesses this week: Valley Concrete & The Potting Shed

Happenings at Holy Trinity - located at 2 Hammond River Rd. Quispamsis. For more information on all events call 506-647-8170:

Guild of St. Joseph men's group breakfast meeting January 6th at 9 am in the Holy Trinity church hall. Call Rick for more information at 506-943-1088

Choir Practice resumes Tuesday January 9th at 10:15 am

Tai Chi (on a chair) Tuesdays starting January 9th from 1:15 to 2 pm (10 weeks at \$5.00 per week)

Knitting Group resumes Tuesday January 9th at 2 pm. Everyone is invited to these monthly get together's- bring a friend.

Bible Study resumes January 10th at 11 am - join this casual group as they explore the book of James.

'Healthy You' Group! Resumes January 10th and is held weekly on Wednesdays from 6 pm to 7 pm. This group focuses on the 5 basics for leading a healthier life - Faith, Food, Fitness, Focus and Friends. There is a weekly weigh-in and lots of learning and sharing. No fee to join however a donation of \$2 per week is appreciated. Enrollment is Limited.

Vestry Meeting Wednesday January 10th at 7 pm.

'Get Your Balance' starting January 16th from 2:15 - 3:15 pm for 6 weeks - Over the 6 weeks you will learn simple ways to improve your balance and prevent falls so you can get on with being active and doing what you enjoy. There is no fee to attend.

The Next Seniors Drop in at the Trinity Corner Café is Thursday January 18th from 1 pm to 3 pm. The seniors drop-in Café is open the 1st and 3rd Thursdays of the month from 1 pm to 3 pm. Coffee & Chats. A great opportunity to meet over coffee and snacks for card games, puzzles, explore the library or just sit and chat!

Register Now! 'Grief, Loss & Life Transitions' with Rick Benson - Weekly sessions from January 27th to March 7th. These weekly sessions will cover topics such as coping with grief and loss; how to care for yourself as a care giver; bereavement; the healing effects of nature; personal coping; living with life's transitions; and much more. Rick Benson is a Grief Recovery Specialist with experience and training in end of life care, spiritual direction and mindfulness. He is the author of "My Chaos: Searching for my New Normal". Cost to reserve a space is \$35 non-refundable. Call Cleo at 506-647-8170 for more information. Registration is limited so register early.

Holy Trinity - The Corporation of the Anglican Parish of Hammond River Annual General Meeting Sunday February 11th, 2024 following the 9 am service. Please have all reports sent to Cleo Cyr at cleocyr1@gmail.com by February 1st, 2024.

Message from the Home Communion Team: If you, or someone you know, would like to receive home communion please contact Brenda Bowron at 506-849-2584.

Message from the Rector: If you know of anyone who is in the hospital please let Rev. O'Hara know by contacting him at 506-424-0564 or revmikeohara@gmail.com. Clergy lists are no longer available at the hospital so he has no way of knowing when a parishioner is admitted.

Message from Margo: If you would like someone you know to receive a get well / thinking of you card, or a sympathy card from our parish family please notify Margo Mapplebeck at mappmemo@nbnet.nb.ca

COMMUNITY EVENTS

Seniors Drop-In Fridays at St. Paul's Rothesay from 10am to 1130 am

Valley Girls Choir - If you like to sing come join the Valley Girls choir directed by Janet Kidd. Thursday mornings 10 am to 11:30 am at the Quispamsis United Church 372

Hampton Rd. Drop in or email Corinne at valleygirls2021@gmail.com for more information.

KV Public Library 'Making Wellness a Priority' January 9th

- 1 PM - **Financial Wellness** with Carley Parish and Joshua Adams from Lutz Parish Gerrish Barristers and Solicitors.
- 230 PM - **Occupational Wellness** with Madison O'Connor from The Work Room Career Resource Centres

Hampton Resource Centre Knowledge Cafe: Friday January 19 at 11 am.

Topic: "What is the Food Purchasing Club?" The Saint John Food Purchasing Club is a non-profit, volunteer- based organization that has been in operation since May, 1997. Their goal is to help members in our community stretch their food dollar by offering access to good quality vegetables and fruit at affordable prices.

Guest Speaker- Paulette Haines- Hampton Age Friendly Committee

COMING UP THIS WEEK - Call 506-647-8170 or 506-847-0850 for more information

Saturday January 6th

Guild of St. Joseph breakfast meeting 9 am

Sunday January 7th (Baptism of the Lord)

Sunday Worship at 9 am. Social time after the service.

Tuesday January 9th

Choir Practice at 10:15 am

Tai-Chi 1:15 pm

Knitting Group 2 pm

Wednesday January 10th

Bible Study at 11 am - Book of James

Healthy You Group 6 to 7 pm

Vestry Meeting 7 pm

AA group meeting at 8 pm.

MISSION IN MOTION & COMMUNITY OUTREACH UPDATE

- Home Visits - Do you know of anyone needing a home visit or home communion? Call the church office and leave a message at 506-847-0850.
 - Mission Activities - If you are interested in joining any of the mission activities (making prayers shawls and baby blankets, making soup for Romero House) call the mission leader at 506-647-8170.
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Parish Contact Information:

Parish Office: (506)-847-0850

Rector: Rev. Michael O'Hara (506) 424-0564 or revmikeohara@gmail.com

Wardens: Mark Allaby (506) 832-3759 or markallaby@hotmail.com and Rick Floyd (506) 943-1088 or Rickfloyd5@gmail.com

Prayer Requests: Sheila O'Hara sheila.a.ohara@gmail.com

Parish News & New Member Information: Cleo Cyr (506) 647-8170 or cleocyr1@gmail.com

Address & Contact Information Updates: Margo Mapplebeck (506) 849-4415 or mappmemo@nbnet.nb.ca

Offering Envelopes / E-offering: Jean Magee (506) 847-5755 or jean27magee@gmail.com

"All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God." 2 CORINTHIANS 4:15 (NIV)

NURTURING OUR FAITH

Anglican Renewal Ministries is dedicated to bringing the life and power of the Holy Spirit to all Christians. ARM has been serving the Anglican Church of Canada for over 30 years. ARM is pleased to present a video series called "Wind and Fire: Encounters with the Holy Spirit," testimonies of the presence and work of the Holy Spirit in our world today. These videos are available on YouTube, and on the ARM website.

We also offer a quarterly magazine called "Taste and See..." with articles to uplift and encourage you in your walk with Christ. We hope this magazine will be a source of encouragement to all. The video series, sample articles and a free copy of the magazine are available on our website: <https://www.armcanada.org/>

The Anglican Fellowship of Prayer -

Newsletter <https://anglicanprayer.org/newsletters/AFP%20Newsletter%20Advent%202022%20final.pdf>

Surprise the World with B.E.L.L.S. by being a Blessing to someone, Eating with someone new, Listening to them, Learning from them, and Spending some time telling them about Jesus. <https://nb.anglican.ca/resources/discipleship-resources/pages/bells-surprise-the-world>

Home Prayer by Email - For the few years Kathy Ferguson has been leading a home prayer by email group. Although this prayer group started when we couldn't gather during the pandemic it continues with Kathy sending a weekly email asking for our prayers for specific people, communities and groups - each week is different and she adds extra messages that remind us of how the Holy Spirit is always present in our

lives. To join us in prayer and to receive these weekly emails please contact Kathy at kveinot@rogers.com

Great Talks! Check out Rev's Terence & Jasmine talks and teachings at <https://www.stonesj.org/sermons--teachings-online>

DIOCESAN NEWS: <https://nb.anglican.ca/newsletters/>

Archbishop David's video messages at <https://www.youtube.com/playlist?list=PLeDGdPUL2BV6Y46tkaTzcukRz3jM6BmWo> and the diocesan website for more news and events at <https://nb.anglican.ca/>

Holy Trinity Keeping Connected Prayer

Heavenly Father, we glorify your name and thank you for your many blessings. We humbly ask you to open our hearts and minds as we still ourselves to hear your word. In these difficult times help us to remember to focus on the positive not the negative and hold family, friends and neighbours close. Dear Lord we ask you to hear the cry of those who yearn for love and help us to find ways to keep connected with them, especially the elderly, the lonely, and the marginalized within the church and the greater community, nourishing them through prayer and action as we ourselves continue to be nourished through your love. In Jesus' name we pray. Amen

The 5 Marks of Mission

To proclaim the Good News of the Kingdom
To teach, baptize, and nurture new believers
To respond to human need by loving service
To seek to transform unjust structures of society, to challenge violence of every kind and to pursue peace and reconciliation
To strive to safeguard the integrity of creation and sustain and renew the life of the earth.