



HolyTrinityHammondRiver



*St. Augustine's Quispamsis*

Mar 17	9 am	Holy Communion, Holy Trinity Hammond River, Rev'd Michael O'Hara
Mar 17	11 am	Holy Communion, St. Augustine's, Rev'd Michael O'Hara

**Recurring Events**

Mondays	10 am	Calico Quilters, Holy Trinity
Mondays	10:30 am	ACW, St. Augustine's
Tuesdays	10 am	Choir rehearsal, Holy Trinity
Tuesdays	6 pm	TOPS, Holy Trinity
Wednesdays	11:15 am	Bible Study, Holy Trinity – The Book of Hebrews
Wednesdays	8 pm	AA, Holy Trinity
Thursdays	10 am	Choir rehearsal, St. Augustine's
Thursdays	10:30 am	ACW, St. Augustine's
Thursdays	6:00 pm	TOPS, St. Augustine's
Saturdays	6 pm	AA, St. Augustine's

**UPCOMING EVENTS AT HOLY TRINITY:** Movie Matinee Sun Mar 17<sup>th</sup> (see below); **Guild of St. Joseph** meeting Sat Mar 30<sup>th</sup> (see page two); **Sleep Seminar** Sat Mar 30<sup>th</sup> (see page two); **Diocesan Bowling Tournament Fundraiser** Sat Apr 6<sup>th</sup> (see page two).

**UPCOMING EVENTS AT ST. AUGUSTINE'S:** **Senior's lunch** Thurs Mar 28<sup>th</sup> (see page two); **Joint Holy Communion Service** with Holy Trinity Sun Mar 31<sup>st</sup> at 11 am at St. Augustine's.

**MOVIE MATINEE AT HOLY TRINITY:** Come enjoy **"Finding Neverland"** on Sun Mar 17<sup>th</sup> at 2 pm. This delightful movie is about the family who inspired author J.M. Barrie to create Peter Pan. The cast includes Johnny Depp, Kate Winslet, Dustin Hoffman and Julie Christie, as well as a young Freddie Highmore, star of the current TV show "The Good Doctor." The film earned nominations for Best Picture, Best Adapted Screenplay, and Best Actor for Johnny Depp, and won Best Original Score. Rated PG. Call 847-0850 for more information or visit <http://anglicanparishofhammondriver.ca/>



**LENTEN DEVOTIONAL:** A devotional revisiting the BELLS missional habits from Michael Frost's book "Surprise the World" is being held throughout Lent. The devotional will consist of a weekly reading from the book, daily scripture readings, and meeting on Sunday afternoons at 2 pm to share, discuss, ponder and pray about how we are developing our habits. Meetings will be held at Holy Trinity on Mar 10<sup>th</sup> and 24<sup>th</sup> and Apr 7<sup>th</sup> and at St. Augustine's on Mar 17<sup>th</sup> and 31<sup>st</sup> and Apr 14<sup>th</sup>. Anyone who does not have access to Michael Frost's book can contact Michael at 424-0564 or [revmikeohara@gmail.com](mailto:revmikeohara@gmail.com)



**GUILD OF ST. JOSEPH:** Holy Trinity's men's group will have their regular meeting on Sat Mar 30<sup>th</sup> at 10 am in the hall and then join the "Sleep Your Way to Health" seminar with guest speaker Laura Woodhouse, RRT, at 10:30 (see below).

**"SLEEP YOUR WAY TO HEALTH"** will be presented at 10:30 am on Sat Mar 30<sup>th</sup> at Holy Trinity, with lunch to follow. Sleep is key to maintaining overall health. Join us for an informative presentation and lively discussion about normal sleep, sleep disorders and sleep hygiene. Guest speaker will be Laura Woodhouse, a Registered Respiratory Therapist and a Registered Polysomnography Technician at the Atlantic Sleep Centre. There is no fee to attend; however, a free will offering for mission projects would be appreciated. Call 847-8170 to register.



**DIOCESAN BOWLING TOURNAMENT FUNDRAISER:** On Sat Apr 6<sup>th</sup> parishioners from archdeaconries throughout the Diocese will be bowling to raise funds to combat child hunger in New Brunswick. Last year, \$25,000 was raised to help provide lunches for NB school children. In addition to pledges, soft-sided coolers with the program's logo are available for purchase. Please see <https://nb.anglican.ca/news/bowling-tournament-will-again-support-child-hunger-programs> for more details. This year, Holy Trinity's team, the "Sweet Rolls," will be having fun while raising money for this important cause. If you are interested in taking part, please contact Denise Arseneau, who will be coordinating Holy Trinity's participation this year, at 849-9363.



**SENIOR'S LUNCHESES** at St. Augustine's are being held again this winter on the last Thursday of the month: the next lunch is Mar 28<sup>th</sup> and the final one of the season will be Apr 25<sup>th</sup>. There is no cost for the lunch but a free will offering would be gratefully accepted. Preparation of the meal takes place at 9 on the morning of the lunch. Anyone able to lend a hand with the preparation and serving of the meal should contact Kevin Tupper. Your help would be greatly appreciated.



**NEW MISSION INITIATIVES AT HOLY TRINITY: Welcome to the Neighbourhood!** Are you interested in welcoming new families to the neighbourhoods of Nauwigewauk, Darling's Island, Hammond River Road and surrounding areas? Holy Trinity would like to have a team of two people to take on this important mission. If you are interested or want to learn more, please contact Darlene Cannell at 849-0229. **Soup for the Soul:** Do you know someone who might like a visit and some Holy Trinity soup? If you do, you can find individual containers of soup in the church hall freezer. The soup is there for you to take to friends and neighbours who could use a visit and a bowl of soup. We are all called to mission and discipleship ... one bowl of soup at a time!

**DIOCESAN RETREAT:** The Diocese will be holding a Lenten retreat on the theme "Listen to and Hear God" at the Villa Madonna Retreat Center in Rothesay on Sun March 24<sup>th</sup> to Monday March 25<sup>th</sup>. This time of preparation for Holy Week and Easter will be facilitated by the Rev. Dr. John Paul Westin of Stone Church in Saint John. For more information and to register, please visit: <https://nb.anglican.ca/events/lenten-retreat/2019-03-24>.

**DIOCESAN DISCIPLESHIP DAY:** Sat Apr 13<sup>th</sup> at St. John the Evangelist Church, 75 Main Street, Fredericton. Registration is at 9:30 am with the session running from 10 am – 3 pm. Cost is \$12, which includes materials and lunch. What does it mean to "live like Jesus"? Led by the Rev. Paul Ranson. Join us as we explore the mission, meaning and life of Jesus. To register please go to: [nb.anglican.ca/events/discipleship-day-jesus](https://nb.anglican.ca/events/discipleship-day-jesus)